

Report to Rutland Health and Wellbeing Board

Subject:	Leicester-Shire & Rutland Physical Activity & Sport Strategy 2017- 2021
Meeting Date:	5 December 2017
Report Author:	Robert Clayton
Presented by:	Mike Sandys
Paper for:	Note

Context, including links to strategic objectives and/or strategic plans:

Strategic Aim: *Safeguarding the most vulnerable and supporting the health & wellbeing needs of our community*

Rutland's Health and Wellbeing Board is requested to note and comment on the attached Physical Activity & Sport Strategy, formulated by Leicester-Shire & Rutland Sport, the County Sport Partnership for the sub-region (a partnership of our local authorities working together with schools, National Governing Bodies of Sport, clubs, coaches and volunteers).

The strategy informs Board Members of the work that Rutland County Council undertakes in partnership with Leicester-Shire and Rutland Sport. It provides a framework for local action, and acts to support local and national funding bids to support delivery of the vision, outcomes and ambitions detailed in the strategy.

The strategy has been developed collaboratively, and aims to act as an effective way of demonstrating local strategic direction and intentions. Local officers, the Local Sport Alliance and the local School Sport and Physical Activity Network have all been part of the extensive consultation.

The Strategy focuses on delivering the Vision of making "Leicestershire, Leicester and Rutland the most physically active and sporting place in England". This is underpinned by four Ambitions:

Get Active Everyone, of all ages, having the opportunity to start participating in physical activity and sport

Stay Active Supporting people to develop a resilient physical activity and sporting habit to ensure lifelong participation

Active Places Facilities, playing pitches and informal spaces that encourage physical activity and sport that are high quality and accessible

Active Economy Promoting Leicestershire, Leicester and Rutland as a premier, high performing location for undertaking the business of physical activity and sport

Delivering the strategy will help us to achieve the local outcomes of **Better Health** (improved physical and mental wellbeing, especially for our most inactive people); **More People** (regularly taking part in physical activity and sport); and **Stronger Communities** (achieving more through physical activity and sport).

Rutland plays a strong role in the delivery of these outcomes and ambitions. Sport England conducts a regular "Active Lives" survey of adults, with the most recent 2016/17 results showing that:

- Rutland has the highest percentage of adults in the sub-region (64%) achieving

the Chief Medical Officer guidelines for being active (Rutland's results are 5.4% higher than the average for the sub-region, and are 3.6% higher than the England average)

- 79.2% of adults in Rutland took part in sport and physical activity at least twice in the 28 days before the survey (4.3% higher than the sub-region average and 2% higher than the England average)
- 19% of adults volunteered to support sport and physical activity at least twice in the last year (3.7% higher than the sub-region average, and 4.1% higher than the England average)

The Sport England summary report includes links to the local data tables:

<https://www.sportengland.org/media/12458/active-lives-adult-may-16-17-report.pdf>

It is clear that access to physical activity and sports is important to the population of Rutland, however despite these positive results, 36% of our adults do not achieve CMO guidelines for being active. The Health and Wellbeing Board is therefore requested to note the Strategy, which will direct work to tackle this deficit.

Financial implications:

Delivery of the Strategy within Rutland will be undertaken by the Council's Active Rutland team and local partners, supported by Leicester-Shire and Rutland Sport, and funded through existing public health funds allocated to these priorities.

Delivery of the strategy does not require additional funding to be allocated from RCC sources.

As the strategy runs until 2021, broadly stable levels of funding will be required through the period to sustain activity.

Rutland contributes on an annual basis £17,908 to the LRS Partnership, which in 2016/17 resulted in £213,683 funding secured for local clubs, organisations and projects in the sports and physical activity sector.

Recommendations:

That the Board:

1. Notes and comments on the contents of the Leicestershire & Rutland Physical Activity & Sport Strategy 2017-2021
2. Notes and comments on local work to achieve the delivery of the Ambitions and Foundations outlined by the Strategy

Comments from the Board:

Strategic Lead: Robert Clayton

Risk assessment:

Time	L	Leicestershire & Rutland Sport will monitor and support delivery over the life of the strategy
Viability	M	Sustaining the activity outlined in the strategy will require maintenance of core provision and strong partner engagement

Finance	M	Delivery of the strategy can be achieved within current budgets, however reductions in funding directed to these priorities would reduce capacity to deliver the strategy
Profile	H	Actions from this strategy support the delivery of key corporate Strategic Aims, around ensuring that our population stays healthier and more active for longer, which will help to reduce pressures on primary and secondary health care provision
Equality & Diversity	L	The strategy is intended to meet the needs of the whole population, and will particularly benefit those with poor health and our ageing population

Timeline (including specific references to forward plan dates):

Task	Target Date	Responsibility